

Stanwood v Cascade v Everett - 10/3/2019**Results****Event 1 Girls 200 Yard Medley Relay**

| Team | Relay | Finals Time | Points |
|---|-------------------------------------|---|---------------|
| 1 Stanwood Girls 2019 | A | 2:09.62 | |
| 1) Lull, Hannah 33.72 33.53 31.41 | 2) Wiegand, Aleena 30.96 | 3) Schmidt, Sarah 4) Watkins, Sarah | |
| 2 Cascade High School | A | 2:11.39 | |
| 1) Kessinger, Aislinn 16 31.89 10.31 31.33 | 2) Oliva-Jauregui, Mariana 57.86 | 3) Strzelec, Margot 4) Woodrum, Anne | |
| 3 Everett High School-PN | A | 2:16.66 | |
| 1) Harber, Avery 31.11 10.29 31.60 | 2) Johnson, Madison 1:03.66 | 3) Stanley, Ellie 4) Servin, Lilia | |
| 4 Cascade High School | B | 2:26.63 | |
| 1) Barrett, Nikki 41.06 40.11 35.22 | 2) Muster, Mckenzie 30.24 | 3) Ebel, Phoebe 4) Vo, Karen 17 | |
| 5 Stanwood Girls 2019 | B | 2:27.02 | |
| 1) Zoloth, Frances 36.65 41.44 46.66 | 2) Hess, Ella 22.27 | 3) Deaver, Cam 4) Deaver, Chase | |
| 6 Stanwood Girls 2019 | C | 2:44.99 | |
| 1) Cook, Ava 42.86 45.07 41.79 | 2) Hoidal, Alexis 35.27 | 3) Tower, Zoe 4) Stuller, Rylee | |
| 7 Everett High School-PN | B | 2:47.91 | |
| 1) Luscher, Mia 42.14 51.17 40.15 | 2) Tran, Chau 34.45 | 3) Wieber, Moira 4) McIntyre, Alice | |
| 8 Cascade High School | C | 2:55.91 | |
| 1) Barrett, Grace 41.39 48.16 48.68 | 2) Cotton, Erin 37.68 | 3) Coats, Maija 4) Tollefson, Grace | |
| --- Stanwood Girls 2019 | D | X2:50.26 | |
| 1) Ioffredi, Ludo 44.39 48.05 9.91 | 2) Fongemie, Ellie 1:07.91 | 3) Wilcox, Haylee 4) Henderson, Sarah | |
| --- Cascade High School | D | X3:04.43 | |
| 1) Stober, Charlotte 44.50 51.85 49.91 | 2) Bui, Angela 38.17 | 3) Maxwell, Sarah 4) Kang, Anshdeep | |
| --- Stanwood Girls 2019 | E | X3:50.60 | |
| 1) Henning, Megan 58.40 1:05.96 47.68 | 2) Fozard, Sam 58.56 | 3) Saunders, Morgan 4) Bollinger, Sara | |

Event 2 Girls 200 Yard Freestyle

| Name | Age | School | Finals Time | Points |
|--------------------|------------|------------------------|--------------------|---------------|
| 1 Dean, Summer | | Everett High School-PN | 2:01.43 | |
| 27.02 30.62 32.35 | 31.44 | | | |
| 2 Veazey, Anna | | Stanwood Girls 2019 | 2:03.49 | |
| 27.92 30.95 32.21 | 32.41 | | | |
| 3 Day, Audri | | Stanwood Girls 2019 | 2:19.86 | |
| 32.07 35.10 36.66 | 36.03 | | | |
| 4 Brager, Lauren | | Stanwood Girls 2019 | 2:20.95 | |
| 32.17 35.53 36.74 | 36.51 | | | |
| 5 Elenbaas, Alyssa | | Cascade High School | 2:33.74 | |
| 34.60 38.42 40.72 | 40.00 | | | |
| 6 Mendoza, Gloria | | Cascade High School | 2:40.36 | |
| 32.58 37.96 43.03 | 46.79 | | | |
| 7 McIntyre, Alice | | Everett High School-PN | 2:43.99 | |
| 37.04 42.48 41.81 | 42.66 | | | |
| 8 Miller, Montana | | Everett High School-PN | 2:48.45 | |
| 37.10 43.08 43.76 | 44.51 | | | |

Stanwood v Cascade v Everett - 10/3/2019**Results****(Event 2 Girls 200 Yard Freestyle)**

| | Name | Age | School | Finals Time | Points |
|-----|-------------------|------------|---------------------|--------------------|---------------|
| 9 | Minugh, Rylie | | Cascade High School | 2:51.10 | |
| | 35.80 43.34 43.98 | 47.98 | | | |
| --- | McFall, Kelsey | | Stanwood Girls 2019 | X3:00.35 | |
| | 41.48 45.88 48.42 | 44.57 | | | |
| --- | Phan, Kristy | | Cascade High School | X3:22.63 | |
| | 43.28 52.17 54.86 | 52.32 | | | |

Event 3 Girls 200 Yard IM

| | Name | Age | School | Finals Time | Points |
|-----|-------------------------|------------|------------------------|--------------------|---------------|
| 1 | Hau, Jetlynn | | Stanwood Girls 2019 | 2:15.16 | |
| | 29.59 34.78 38.82 | 31.97 | | | |
| 2 | Kessinger, Aislinn | 16 | Cascade High School | 2:29.61 | |
| | 32.59 37.95 45.90 | 33.17 | | | |
| 3 | Hess, Ella | | Stanwood Girls 2019 | 2:53.94 | |
| | 39.97 42.97 50.36 | 40.64 | | | |
| 4 | Oliva-Jauregui, Mariana | | Cascade High School | 3:07.38 | |
| | 39.89 48.91 52.31 | 46.27 | | | |
| 5 | Watkins, Sarah | | Stanwood Girls 2019 | 3:07.44 | |
| | 38.15 46.69 1:04.83 | 37.77 | | | |
| 6 | Barrett, Nikki | | Cascade High School | 3:15.24 | |
| | 41.07 46.63 1:03.19 | 44.35 | | | |
| 7 | Johnson, McKenzie | | Everett High School-PN | 3:15.39 | |
| | 41.81 53.10 56.49 | 43.99 | | | |
| 8 | Luscher, Mia | | Everett High School-PN | 3:17.76 | |
| | 46.28 50.50 1:00.93 | 40.05 | | | |
| 9 | Fabregas, Brooke | | Everett High School-PN | 3:18.02 | |
| | 42.29 52.46 58.38 | 44.89 | | | |
| --- | Muster, Mckenzie | | Cascade High School | X3:23.44 | |
| | 48.68 57.82 51.39 | 45.55 | | | |
| --- | Hoidal, Alexis | | Stanwood Girls 2019 | X3:25.65 | |
| | 49.62 51.05 1:45.01 | | | | |

Event 4 Girls 50 Yard Freestyle

| | Name | Age | School | Finals Time | Points |
|-----|--------------------|------------|------------------------|--------------------|---------------|
| 1 | Woodrum, Anne | | Cascade High School | 26.47 | |
| 2 | Hering, Olivia | | Stanwood Girls 2019 | 27.36 | |
| 3 | Harber, Avery | | Everett High School-PN | 27.96 | |
| 4 | Schmidt, Sarah | | Stanwood Girls 2019 | 28.56 | |
| 5 | Deaver, Chase | | Stanwood Girls 2019 | 30.27 | |
| 6 | Servin, Lilia | | Everett High School-PN | 30.44 | |
| 7 | Krabach, Shayla | | Cascade High School | 30.52 | |
| 8 | Stamm, Anne | | Everett High School-PN | 30.69 | |
| 9 | Vo, Karen | 17 | Cascade High School | 31.52 | |
| --- | Bui, Angela | | Cascade High School | X33.06 | |
| --- | Saunders, Morgan | | Stanwood Girls 2019 | X33.28 | |
| --- | Barrett, Grace | | Cascade High School | X34.59 | |
| --- | Hannum, Kaitlin | | Stanwood Girls 2019 | X35.98 | |
| --- | Schmitt, Darlena | | Stanwood Girls 2019 | X36.08 | |
| --- | Servin, Lina | | Everett High School-PN | X36.24 | |
| --- | Rodriguez, Natalia | | Cascade High School | X36.46 | |
| --- | Tran, Chau | | Everett High School-PN | X36.66 | |
| --- | McFall, Kelsey | | Stanwood Girls 2019 | X37.12 | |
| --- | Tower, Zoe | | Stanwood Girls 2019 | X37.20 | |

Stanwood v Cascade v Everett - 10/3/2019**Results****(Event 4 Girls 50 Yard Freestyle)**

| <u>Name</u> | <u>Age</u> | <u>School</u> | <u>Finals Time</u> | <u>Points</u> |
|-------------------------|------------|------------------------|--------------------|---------------|
| --- Kang, Anshdeep | | Cascade High School | X37.42 | |
| --- Whitson, Natalie | | Cascade High School | X37.63 | |
| --- Jones, Taylor | | Stanwood Girls 2019 | X37.78 | |
| --- Elmore, Cami | | Stanwood Girls 2019 | X37.98 | |
| --- Caldero, Riley | | Stanwood Girls 2019 | X38.50 | |
| --- Luna, Leslie | | Cascade High School | X38.89 | |
| --- Stoner, Kassidy | | Stanwood Girls 2019 | X39.61 | |
| --- Allred, Natalie | | Everett High School-PN | X39.66 | |
| --- Jacobs, Kassandra | | Everett High School-PN | X40.04 | |
| --- Forney, Isabella | | Cascade High School | X40.32 | |
| --- Phan, Kristy | | Cascade High School | X40.59 | |
| --- Fozard, Sam | | Stanwood Girls 2019 | X40.73 | |
| --- Luna, Alaska | | Cascade High School | X41.17 | |
| --- Lasater, Apryl | | Everett High School-PN | X42.46 | |
| --- Bryant, Brenna | | Cascade High School | X43.16 | |
| --- Maxwell, Sarah | | Cascade High School | X45.20 | |
| --- Setterberg, Karen | | Everett High School-PN | X46.08 | |
| --- Diaz-Luna, Nadia | | Cascade High School | X46.74 | |
| --- Stafford, Isabella | | Cascade High School | X46.76 | |
| --- Henning, Megan | | Stanwood Girls 2019 | X48.20 | |
| --- Valenzuela, Alethea | | Cascade High School | X54.40 | |
| --- Salazar, Lizbeth | | Cascade High School | X54.90 | |
| --- Simons, Jaz | | Cascade High School | X57.36 | |
| --- Bollinger, Sara | | Stanwood Girls 2019 | X58.90 | |

Event 6 Girls 100 Yard Butterfly

| <u>Name</u> | <u>Age</u> | <u>School</u> | <u>Finals Time</u> | <u>Points</u> |
|---------------------|------------|------------------------|--------------------|---------------|
| 1 Veazey, Anna | | Stanwood Girls 2019 | 1:02.54 | |
| 29.22 33.32 | | | | |
| 2 Woodrum, Anne | | Cascade High School | 1:08.16 | |
| 31.39 36.77 | | | | |
| 3 Strzelec, Margot | | Cascade High School | 1:15.30 | |
| 34.80 40.50 | | | | |
| 4 Stanley, Ellie | | Everett High School-PN | 1:18.81 | |
| 36.97 41.84 | | | | |
| 5 Hess, Ella | | Stanwood Girls 2019 | 1:23.57 | |
| 39.43 44.14 | | | | |
| 6 Watkins, Sarah | | Stanwood Girls 2019 | 1:29.21 | |
| 41.26 47.95 | | | | |
| 7 Cotton, Erin | | Cascade High School | 1:40.76 | |
| 42.80 57.96 | | | | |
| 8 Wieber, Moira | | Everett High School-PN | 1:42.81 | |
| 43.59 59.22 | | | | |
| --- Wilcox, Haylee | | Stanwood Girls 2019 | X1:47.70 | |
| 50.92 56.78 | | | | |
| --- Krabach, Shayla | | Cascade High School | X1:56.19 | |
| 43.90 1:12.29 | | | | |

Event 7 Girls 100 Yard Freestyle

| <u>Name</u> | <u>Age</u> | <u>School</u> | <u>Finals Time</u> | <u>Points</u> |
|----------------------|------------|---------------------|--------------------|---------------|
| 1 Kessinger, Aislinn | 16 | Cascade High School | 56.24 | |
| 27.32 28.92 | | | | |

Stanwood v Cascade v Everett - 10/3/2019

Results

(Event 7 Girls 100 Yard Freestyle)

| Name | Age | School | Finals Time | Points |
|--------------------------------------|-----|------------------------|-------------|--------|
| 2 Dean, Summer 26.65 29.60 | | Everett High School-PN | 56.25 | |
| 3 Brager, Lauren 31.37 33.42 | | Stanwood Girls 2019 | 1:04.79 | |
| 4 Schmidt, Sarah 30.66 34.84 | | Stanwood Girls 2019 | 1:05.50 | |
| 5 Ebel, Phoebe 34.72 34.33 | | Cascade High School | 1:09.05 | |
| 6 Mendoza, Gloria 33.16 37.15 | | Cascade High School | 1:10.31 | |
| 7 Turner, Lydia 36.48 41.57 | | Everett High School-PN | 1:18.05 | |
| --- Deaver, Chase 33.76 38.36 | | Stanwood Girls 2019 | X1:12.12 | |
| --- Jacobs, Kassandra 44.76 50.14 | | Everett High School-PN | X1:34.90 | |
| --- Hering, Olivia 30.97 34.62 | | Stanwood Girls 2019 | DQ | |

Event 8 Girls 500 Yard Freestyle

| Name | Age | School | Finals Time | Points |
|--|-----|------------------------|-------------|--------|
| 1 Wiegand, Aleena 30.63 33.92 35.67 37.48 37.95 38.65 38.93 39.07 39.11 37.90 | | Stanwood Girls 2019 | 6:09.31 | |
| 2 Lull, Hannah 32.07 35.50 37.47 37.71 37.99 38.30 38.32 38.45 38.27 35.72 | | Stanwood Girls 2019 | 6:09.80 | |
| 3 Day, Audri 34.35 38.33 40.35 39.67 40.08 40.22 40.53 41.19 42.21 39.40 | | Stanwood Girls 2019 | 6:36.33 | |
| 4 Servin, Lilia 32.97 37.99 41.91 43.11 43.51 1:26.11 43.16 44.02 42.20 | | Everett High School-PN | 6:54.92 | |
| 5 Stamm, Anne 35.10 39.81 42.16 44.11 43.29 45.77 43.35 44.84 43.90 42.56 | | Everett High School-PN | 7:04.89 | |
| 6 McIntyre, Alice 36.10 43.01 1:29.96 45.35 43.62 45.25 44.24 44.71 42.01 | | Everett High School-PN | 7:14.22 | |
| 7 Cole, Zoe 37.33 42.65 45.95 46.55 3:13.86 48.15 52.44 19.83 | | Cascade High School | 7:38.42 | |
| 8 Pope, Kenlee 39.42 49.39 52.13 50.06 51.64 50.34 51.16 50.44 50.83 49.58 | | 17 Cascade High School | 8:14.99 | |
| 9 Minugh, Rylie 43.75 47.83 48.86 51.94 52.85 51.31 52.92 52.49 52.45 48.57 | | Cascade High School | 8:22.97 | |
| --- Stuller, Rylee 38.71 42.57 44.81 45.40 45.39 45.97 46.00 46.22 45.05 44.09 | | Stanwood Girls 2019 | X7:24.21 | |

Stanwood v Cascade v Everett - 10/3/2019**Results****Event 9 Girls 200 Yard Freestyle Relay**

| <u>Team</u> | <u>Relay</u> | <u>Finals Time</u> | <u>Points</u> |
|----------------------------|----------------------|----------------------------|---------------|
| 1 Stanwood Girls 2019 | A | 1:49.00 | |
| 1) Veazey, Anna | 2) Brager, Lauren | 4) Hau, Jetlynn | |
| 26.40 29.34 26.83 | 26.43 | | |
| 2 Everett High School-PN | A | 1:54.65 | |
| 1) Harber, Avery | 2) Stamm, Anne | 4) Dean, Summer | |
| 28.74 30.38 30.16 | 25.37 | | |
| 3 Cascade High School | A | 1:55.00 | |
| 1) Woodrum, Anne | 2) Krabach, Shayla | 4) Kessinger, Aislinn 16 | |
| 26.78 30.94 31.30 | 25.98 | | |
| 4 Stanwood Girls 2019 | B | 2:00.50 | |
| 1) Hess, Ella | 2) Watkins, Sarah | 4) Day, Audri | |
| 30.23 30.26 10.05 | 49.96 | | |
| 5 Cascade High School | B | 2:07.65 | |
| 1) Mendoza, Gloria | 2) Vo, Karen 17 | 4) Oliva-Jauregui, Mariana | |
| 31.73 31.26 10.20 | 54.46 | | |
| 6 Everett High School-PN | B | 2:13.74 | |
| 1) Johnson, McKenzie | 2) Fabregas, Brooke | 4) Miller, Montana | |
| 34.47 34.58 36.81 | 27.88 | | |
| 7 Stanwood Girls 2019 | C | 2:17.70 | |
| 1) Saunders, Morgan | 2) Stuller, Rylee | 4) Deaver, Cam | |
| 34.54 36.11 34.38 | 32.67 | | |
| 8 Cascade High School | C | 2:25.54 | |
| 1) Minugh, Rylie | 2) Tollefson, Grace | 4) Bui, Angela | |
| 33.71 33.69 46.22 | 31.92 | | |
| 9 Everett High School-PN | C | 2:29.65 | |
| 1) Tran, Chau | 2) O'Heagher, Kyra | 4) Servin, Lina | |
| 38.73 10.93 27.32 | 1:12.67 | | |
| --- Cascade High School | D | X2:28.40 | |
| 1) Luna, Leslie | 2) Barrett, Grace | 4) Rodriguez, Natalia | |
| 41.87 32.23 36.97 | 37.33 | | |
| --- Stanwood Girls 2019 | F | X2:31.79 | |
| 1) Wilcox, Haylee | 2) Stoner, Cassidy | 4) Tower, Zoe | |
| 35.32 41.38 10.14 | 1:04.95 | | |
| --- Stanwood Girls 2019 | D | X2:37.31 | |
| 1) Fongemie, Ellie | 2) Henning, Megan | 4) Jones, Taylor | |
| 45.31 37.70 36.03 | 38.27 | | |
| --- Stanwood Girls 2019 | E | X2:37.92 | |
| 1) McFall, Kelsey | 2) Fozard, Sam | 4) Elmore, Cami | |
| 37.28 41.94 38.85 | 39.85 | | |
| --- Cascade High School | E | X2:48.19 | |
| 1) Bryant, Brenna | 2) Maxwell, Sarah | 4) Luna, Alaska | |
| 40.88 48.06 43.19 | 36.06 | | |
| --- Cascade High School | F | X2:48.84 | |
| 1) Forney, Isabella | 2) Phan, Kristy | 4) Lombardi, Jazmin | |
| 39.76 43.88 35.13 | 50.07 | | |
| --- Everett High School-PN | D | X2:49.30 | |
| 1) Allred, Natalie | 2) Setterberg, Karen | 4) Lasater, Apryl | |
| 39.08 55.63 39.19 | 35.40 | | |
| --- Cascade High School | G | X3:18.90 | |
| 1) Whitson, Natalie | 2) Salazar, Lizbeth | 4) Stafford, Isabella | |
| 47.51 43.83 10.14 | 1:37.42 | | |

Stanwood v Cascade v Everett - 10/3/2019**Results****Event 10 Girls 100 Yard Backstroke**

| | Name | Age | School | Finals Time | Points |
|-----|---------------------------------|------------|------------------------|--------------------|---------------|
| 1 | Harber, Avery 32.94 36.03 | | Everett High School-PN | 1:08.97 | |
| 2 | Lull, Hannah 35.45 37.81 | | Stanwood Girls 2019 | 1:13.26 | |
| 3 | Strzelec, Margot 40.34 43.56 | | Cascade High School | 1:23.90 | |
| 4 | Barrett, Nikki 41.68 43.27 | | Cascade High School | 1:24.95 | |
| 5 | Elenbaas, Alyssa 41.67 44.17 | | Cascade High School | 1:25.84 | |
| 6 | Turner, Lydia 46.35 49.17 | | Everett High School-PN | 1:35.52 | |
| 7 | Ioffredi, Ludo 1:51.33 | | Stanwood Girls 2019 | 1:36.95 | |
| 8 | Cook, Ava 47.20 51.92 | | Stanwood Girls 2019 | 1:39.12 | |
| --- | Cotton, Erin 1:41.84 | | Cascade High School | X1:41.64 | |
| --- | Henderson, Sarah 47.07 54.98 | | Stanwood Girls 2019 | X1:42.05 | |
| --- | O'Heagher, Kyra 56.74 | | Everett High School-PN | DQ | |

Event 11 Girls 100 Yard Breaststroke

| | Name | Age | School | Finals Time | Points |
|-----|--|------------|------------------------|--------------------|---------------|
| 1 | Hau, Jetlynn 32.61 36.43 | | Stanwood Girls 2019 | 1:09.04 | |
| 2 | Wiegand, Aleena 36.10 40.43 | | Stanwood Girls 2019 | 1:16.53 | |
| 3 | Cole, Zoe 42.74 48.83 | | Cascade High School | 1:31.57 | |
| 4 | Muster, Mckenzie 44.23 47.63 | | Cascade High School | 1:31.86 | |
| 5 | Zoloth, Frances 43.73 48.20 | | Stanwood Girls 2019 | 1:31.93 | |
| 6 | Oliva-Jauregui, Mariana 44.61 49.93 | | Cascade High School | 1:34.54 | |
| 7 | Miller, Montana 47.89 54.04 | | Everett High School-PN | 1:41.93 | |
| 8 | Johnson, McKenzie 48.97 53.48 | | Everett High School-PN | 1:42.45 | |
| --- | Fongemie, Ellie 51.41 58.69 | | Stanwood Girls 2019 | X1:50.10 | |
| --- | Stober, Charlotte 55.21 58.63 | | Cascade High School | X1:53.84 | |

Event 12 Girls 400 Yard Freestyle Relay

| | Team | Relay | Finals Time | Points |
|---|--------------------------------------|--|-----------------------------------|-----------------|
| 1 | Stanwood Girls 2019 | A | 3:58.20 | |
| | 1) Veazey, Anna 27.34 57.71 27.68 | 2) Hering, Olivia 59.95 30.37 1:03.61 | 3) Wiegand, Aleena 16.18 56.93 | 4) Hau, Jetlynn |

Stanwood v Cascade v Everett - 10/3/2019

Results

(Event 12 Girls 400 Yard Freestyle Relay)

| Team | Relay | | | | | | Finals Time | Points |
|--------------------------|-----------------------|-----------------------|--|--|--|--------------------|-------------|--------|
| 2 Stanwood Girls 2019 | B | | | | | | 4:21.49 | |
| 1) Brager, Lauren | 2) Day, Audri | 3) Schmidt, Sarah | | | | 4) Lull, Hannah | | |
| 31.66 1:05.26 9.67 | 31.32 33.58 1:03.64 | 36.06 1:41.27 | | | | | | |
| 3 Everett High School-PN | A | | | | | | 4:31.37 | |
| 1) Fabregas, Brooke | 2) Stanley, Ellie | 3) Johnson, Madison | | | | 4) Dean, Summer | | |
| 31.71 1:14.67 26.18 | 1:01.39 36.36 1:23.46 | 20.30 51.85 | | | | | | |
| 4 Cascade High School | A | | | | | | 4:52.55 | |
| 1) Strzelec, Margot | 2) Elenbaas, Alyssa | 3) Krabach, Shayla | | | | 4) Mendoza, Gloria | | |
| 33.93 1:11.21 35.69 | 1:14.34 9.67 33.88 | 45.38 1:53.12 | | | | | | |
| 5 Stanwood Girls 2019 | C | | | | | | 4:54.91 | |
| 1) Deaver, Cam | 2) Deaver, Chase | 3) Hoidal, Alexis | | | | 4) Zoloth, Frances | | |
| 35.44 1:15.74 13.06 | 32.85 38.20 1:14.33 | 41.03 1:51.99 | | | | | | |
| 6 Cascade High School | B | | | | | | 5:02.94 | |
| 1) Vo, Karen 17 | 2) Minugh, Rylie | 3) Barrett, Nikki | | | | 4) Ebel, Phoebe | | |
| 34.84 1:16.45 19.35 | 37.73 42.37 51.95 | 27.98 2:16.81 | | | | | | |
| 7 Everett High School-PN | B | | | | | | 5:13.90 | |
| 1) Stamm, Anne | 2) McIntyre, Alice | 3) Miller, Montana | | | | 4) Turner, Lydia | | |
| 34.99 1:15.37 36.54 | 1:20.69 13.11 35.96 | 42.18 2:01.88 | | | | | | |
| 8 Everett High School-PN | C | | | | | | 6:12.95 | |
| 1) Setterberg, Karen | 2) Lasater, Apryl | 3) Luscher, Mia | | | | 4) O'Heagher, Kyra | | |
| 50.09 1:45.47 41.96 | 1:37.18 41.66 1:39.97 | 28.83 1:10.33 | | | | | | |
| 9 Cascade High School | C | | | | | | 6:23.60 | |
| 1) Cole, Zoe | 2) Coats, Maija | 3) Tollefson, Grace | | | | 4) Bui, Angela | | |
| 36.44 1:32.26 44.47 | 2:30.54 22.89 1:05.39 | 10.69 1:15.41 | | | | | | |
| --- Stanwood Girls 2019 | D | | | | | | X5:24.26 | |
| 1) Henderson, Sarah | 2) Stuller, Rylee | 3) Wilcox, Haylee | | | | 4) Cook, Ava | | |
| 38.89 1:22.29 9.93 | 39.04 41.69 1:19.23 | 39.33 2:03.70 | | | | | | |
| --- Stanwood Girls 2019 | E | | | | | | X5:47.40 | |
| 1) Jones, Taylor | 2) Caldero, Riley | 3) Schmitt, Darlena | | | | 4) Hannum, Kaitlin | | |
| 40.64 1:25.85 9.76 | 42.43 51.51 2:12.99 | 9.85 1:26.13 | | | | | | |
| --- Cascade High School | D | | | | | | X5:50.79 | |
| 1) Barrett, Grace | 2) Muster, Mckenzie | 3) Rodriguez, Natalia | | | | 4) Kang, Anshdeep | | |
| 37.98 1:23.68 40.22 | 1:35.73 9.53 37.94 | 46.99 2:13.44 | | | | | | |